



Do It. Post It. **2013** painting edition

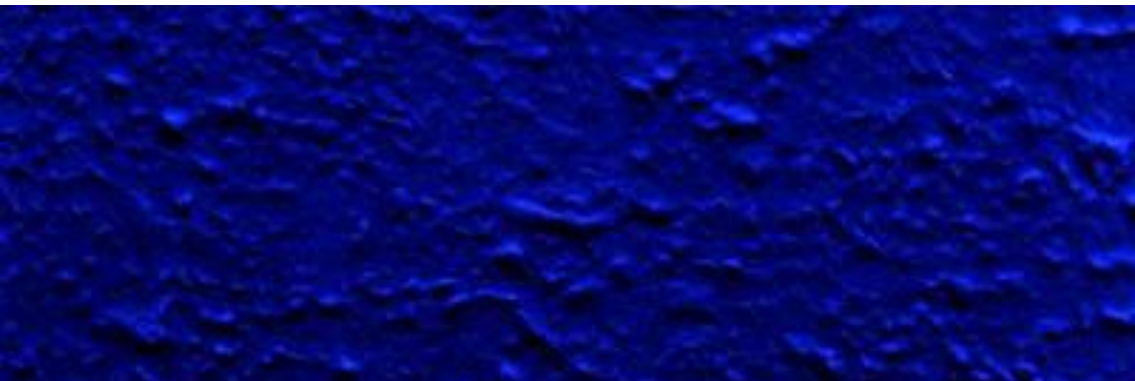
This calendar contains twelve monthly, painterly adventures sure to encourage, intrigue and inspire. Begin your mission each month by reading the challenge, and approach it any way you like – as long as you follow the rules. Post the results on Facebook each month to enjoy the adulation and awe of friends and family.

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JANUARY

Paint using only one colour.

With simplicity comes creativity. By reducing something to its most basic and fundamental we challenge ourselves to see it in new ways, and take it to new places. This month try making a painting with a single colour. Without the usual variety of the palette, explore alternative approaches to creating difference and contrast.



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FEBRUARY

Paint something in five minutes.

Many a thing has been spoilt with too much time, too much work or too much care. By constraining ourselves to do something quickly we uncover unexpected outcomes, and often reveal a vibrancy and energy that can be lost when we dwell. This month you can do as much preparation as you wish, but it must culminate in the creation of a painting in five minutes, from blank canvas to finished artwork.

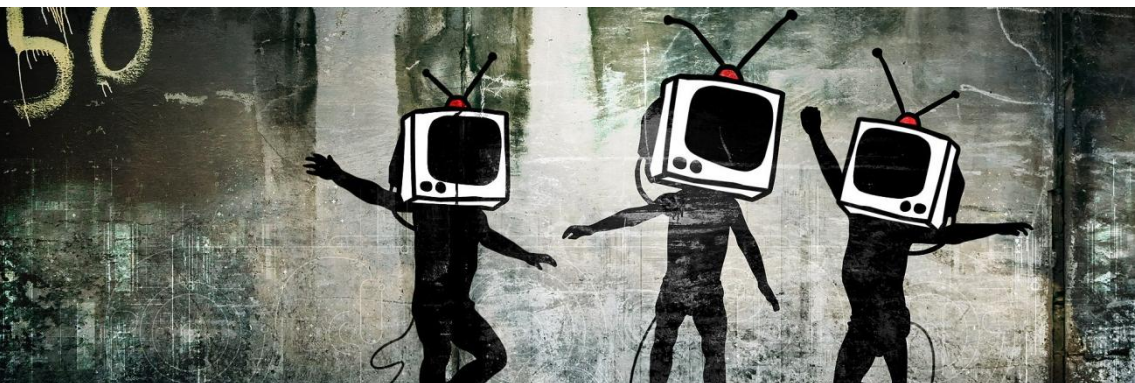


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MARCH

Do some street art.

As a vibrant culture of public artwork, street art offers a chance for self-expression, for social dialogue and for the renewal of shared spaces. Find somewhere to create an artwork in public and think about what type of conversation you want to have. Consider the tools of the street artist - aerosols, stencils, chalk - influenced by the limitations of creating work under the watchful eye of the law.



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APRIL

Paint the same thing every day.

Every day, for the whole month, paint the same subject. One completed work of art, each day of the month. Even weekends. In the same style, or in different styles. One medium of various media. Discover how your perspective changes, what new aspects of the subject you uncover, and the unexpected places you arrive when you have so many opportunities to revisit the same destination.



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MAY

Forge a painting.

If imitation is the sincerest form of flattery, then forgery must be out and out adoration. This month it's time to cross over to the dark side and knock off a knock off. Forgery has a long and (sometimes) noble history – the skill involved in achieving a convincing replica is considerable.

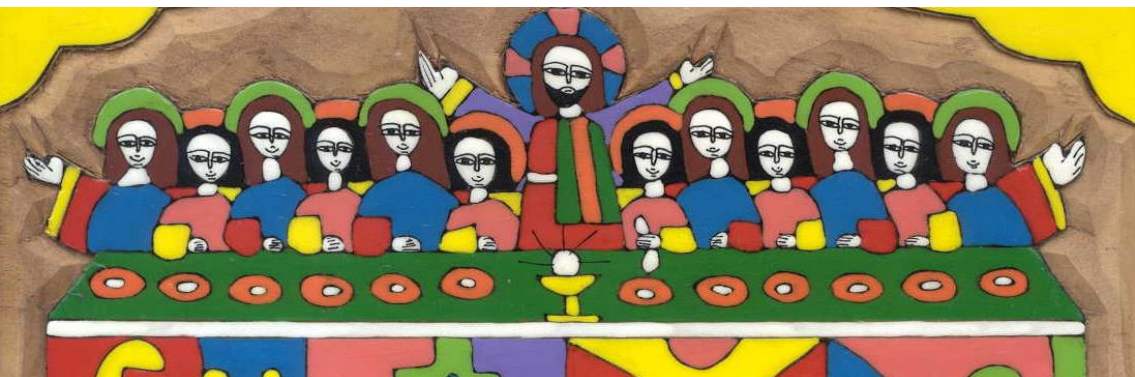


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JUNE

From start to finish in one sitting.

When the muse strikes, you have to capture the fickle lightning bolt of inspiration and get it on the canvas. This month we will be practising that skill, ready for when inspiration actually strikes. Jot down twelve different things – feelings, places, people, whatever – on pieces of paper. Clear some time, prepare your space. Draw out three pieces of paper and create a work of art in response – without leaving the room!



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JULY

Paint collaboratively

Our stereotype of the artist is the tortured soul alone in the belfry, slaving away over their work in a world that doesn't understand them. Let's try something radically different - inviting someone else into the belfry and working together. The creation of art is a challenging endeavour to share, which makes collaborating both very difficult, and occasionally very rewarding.



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AUGUST

Do a self portrait.

Time to look in the mirror, figuratively speaking at least. Choose a medium that feels like it speaks to you in some way. Choose a style that captures things you would like to share about yourself. Spend some time observing yourself – in ways, times and places that you otherwise would be outwardly focused. Make a study of it, work up a dossier on ‘you’. And then bring it all to the canvas.



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SEPTEMBER

Paint with materials that aren't paint.

This month you can paint whatever you want, however you want, whenever you want... you just can't use paints. Explore all the other wonderful substances around you, their textures and colours. Too often we overlook the rich possibilities that surround us every day because we take things for granted. Challenge yourself to create in a world where anything could be your paint.



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OCTOBER

Make a painting using technology.

Painting is a beautifully visceral and physical form of art – the result of tens of thousands of years of craft and passion. In many ways it is an anathema to technology, but sometimes the juxtaposition of the two can be fascinating. Find a way to bring painting and technology together; any kind of technology, from industrial era to the latest in digital tech.

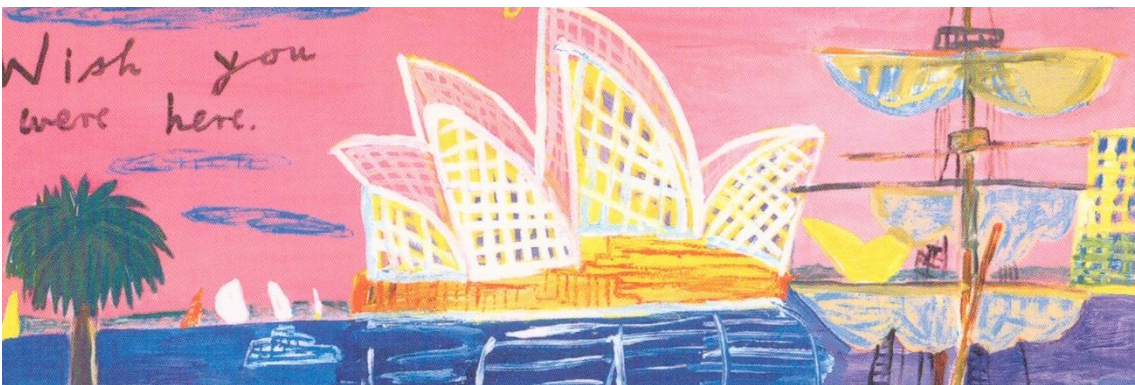


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NOVEMBER

Paint like someone you hate.

We all have artists that we adore, and those that we loathe. This month, try walking in someone else's shoes. Choose an artist whose distinctive style you find utterly repugnant, mundane, offensive, or worse. And paint something in that style. Find out what it feels like to work in that way, address those subjects, use those techniques. See if you can connect with the truly and utterly alien.



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DECEMBER

Bring light into a dark place.

This month your challenge is to create an positive and uplifting work of art for a public space that is oppressive, bland or stressful. It could be a hospital, a respite, whatever. Find your space, paint something that will bring some light into it, and hang it without permission. You will need to post a photograph of it hanging in situ.



2014

Get ready.